

Fresh ink

HOT OFF THE PRESS!

Featuring Salba Smart in the April 2009

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your | snacks

decadent *and* good for you!

funky monkey

Dried banana is covered in delish dark chocolate, a "superfood" packed with antioxidants. (Kopali Organic Fair Trade Dark Chocolate Covered Bananas, \$3.99)

fig out

These smart bites are filled with fiber-rich fig and chocolate, a brilliant combo. (Figamajigs Bites, \$1.49)

berry chill

Frozen yogurt with a strawberry filling and granola? That's a win-win-win! (Blue Bunny Aspen Bar, \$4.29 per box of eight)

twice the yum

Sick of the same old popcorn fix? This chocolate-covered kettle corn mixed with the original stuff is additively good but fiber-filled and low-fat. (Black & White Kettle Corn, \$2.99; lesserevil.com)

choc it up

This chocolate bar is full of probiotics, the belly-friendly bacteria in yogurt. In fact, it's got five times the amount. (Probiotic Wellness Bars in Dark Chocolate, \$1.39; attunefoods.com)

problem salba-ed

These salty munchies pack a whopping 400 mg of heart-healthy omega-3's per serving, more even than flaxseed. (Salba Smart Organic Yellow Corn Tortilla Chips, \$3.59)

islands in mind

No added sugar in this dried fruit—just apples, pineapples, mangoes, and bananas. One bag equals half a cup of fresh fruit. (Sensible Foods Tropical Blend, \$1.89)

top this!

One fudgy muffin top has seven grams of fiber, 40 percent of what you need daily. (VitaTops, \$5.24 per box of four; vitalicious.com)



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