

Featuring Salba Smart in the April 29, 2009

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Rockin' Rice and Beans



The Chef: Aurelia

The Menu: A totally rockin' array of Mexican-food-inspired goodies. Aurelia spiced up the rice and black beans with diced green chiles, which made both dishes extra delicious. Alongside she served fresh guacamole and a lovely spinach salad with red onions, red bell pepper, and French dressing. We used two different kinds of chips for scooping up the main courses, a [lime flavor](#) from Food Should Taste good and organic [tortilla chips](#) from Salba Smart. We also tasted a trio of salsas, all from [Organicville](#). You really can't go wrong with a base of rice and beans, but it's always nice to have a variety of toppings like we did today.

The Goods: Yeah, if anyone needs us, we'll be at our desks, rubbing our incredibly full bellies this afternoon. Oh, and in case anybody out there needs a little piece of good news, we've got something for you: VegNews just won Best Digital Design in the 2009 [Nichee Awards](#)! This may certainly go down in VN history as the most award-filled week ever.

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LABELS: [AURELIA](#), [AWARDS](#), [BLACK BEANS](#), [CHIPS](#), [FOOD SHOULD TASTE GOOD](#), [GUACAMOLE](#), [MEXICAN FOOD](#), [ORGANICVILLE](#), [RICE](#), [SALBA SMART](#), [VEGAN](#), [VEGNEWS](#), [VEGNEWS.COM](#)

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